

## Color Code:

Francisco

Yusha

Jeffrey

Diego

Hannah

Janine

Gretchen

Steven

## SCHEDULE OF CLASSES

### Ballet+ (beyond technique): The Miami Experience

June 10-21, 2019

\*Schedule subject to change

#### Monday, June 10:

8am-9	Check-in
9:00am-9:30	Orientation Kick-Off with the Faculty (Parents invited)
9:30am-11:00	Group A: Ballet Technique (Francisco Gella) Group B: Ballet Technique (Yusha Sorzano)
11am-12:30	Group A: Ballet-Based Stretching and Conditioning I (Francisco) Group B: Ballet Port de bras (Yusha)
12:30pm-1:30	Lunch
1:30-3pm	Group A: Ballet Port de bras (Yusha) Group B: Ballet-Based Stretching and Conditioning I (Francisco)
3pm-4:15	Group A: Turns & Leaps (Francisco) Group B: Ballet Technique for Contemporary Dance (Yusha)
4:15pm-4:30	Break
4:30pm-5:45	Group A: Ballet Technique for Contemporary Dance (Yusha) Group B: Turns & Leaps (Francisco)
5:45pm-6	Group A and B: End of Day Communal Breathing (Francisco)

#### Tuesday, June 11:

9-9:15	Group A and B: Big Group Warm-Up (Francisco)
9:15am-10:45	Group A: Ballet Technique (Yusha) Group B: Pilates Mat Class (Gretchen Wagoner)
10:45am-12:15	Group A: Pilates Mat Class (Gretchen Wagoner) Group B: Ballet Technique (Francisco)
12:15pm-1:15	Lunch
1:15pm-2:55	Group A: "Men's" Ballet Barre Class – for boys AND girls (Francisco) Group B: Pointe-Based Technique (Yusha)
2:55pm-4:35	Group A: Pointe-Based Technique (Yusha) Group B: "Men's" Ballet Barre Class - for the boys AND girls (Francisco)
4:35pm-4:45	Break
4:45pm-5:45	Group A – Limon Modern (Francisco) Group B – Horton Modern (Yusha)
5:45pm-6	Group A and B: End of the Day Debrief/Faculty Check-in w/Dancers (Francisco and Yusha)

### **Wednesday, June 12:**

9am-9:15	Group A and B: Big Group Warm-up (Francisco)
9:15am-10:15	Group A: Ballet (Francisco) Group B: Ballet (Yusha)
10:15am-11:30	Group A: Horton Modern (Yusha) Group B: Graham Modern I (Janine Beckles)
11:30-12:30	Lunch
12:30pm-1:50	Group A: Graham Modern I (Janine Beckles) Group B: Ballet-Based Stretching and Conditioning II (Francisco)
1:50-3:20	Group A: Ballet-Based Stretching and Conditioning (Francisco) Group B: Broadway Jazz (Diego Salterini)
3:20pm-3:30	Break
3:30pm-4:45	Group A: Broadway Jazz (Diego Salterini) Group B: Limon Modern (Francisco)
4:45-5:45	Group A and Group B – Yoga (Steven Herbst)
5:45pm-6	Group A and B: End of Day Debrief/Faculty Check-in (Yusha/Francisco)

### **Thursday, June 13:**

9-9:15	Group A and B: Big Group Warm-Up (Francisco)
9:15am-10:45	Group A: Ballet (Francisco) Group B: Ballet (Yusha)
10:45a-12:15	Group A: Graham Modern II (Janine) Group B: Folkloric-Based Modern (Francisco)
12:15-1:15	Lunch
1:15pm-2:50	Group A: Dance Now! Miami Contemporary Rep (Hannah Baumgarten) Group B: Graham Modern II (Janine)
2:50pm-4:30	Group A: Folkloric-Based Modern (Francisco) Group B: Dance Now! Miami Contemporary Rep (Hannah Baumgarten)
4:30-4:45	Break
4:45pm-5:45	Group A and B: Yoga (Steven)
5:45pm-6	Group A and B: End of the Day Debrief/Faculty Check-in w/Dancers (Francisco and Julie)

### **Friday, June 14:**

9am-9:30	Group A: Ballet Barre Warm-up (Janine) Group B: Ballet Barre Warm-up (Francisco)
9:30am-10:45	Group A: Contemporary/Modern Fusion (Francisco) Group B: Modern (Jeffrey Smith)
10:45am-Noon	Group A: Modern (Jeffrey Smith) Group B: Contemporary Ballet (Janine)
Noon-1pm	Lunch
1pm-2:30	Group A: African-Based Movement (Yusha) Group B: Improv Jam (Francisco)
2:30pm-4	Group A: Improv Jam (Francisco) Group B: African-Based Movement (Yusha)
4pm-4:15	Break
4:15pm-5:45	Group A and B: Prep with Students for Week 1 Closing Session
6pm-7:30	Closing Session (students, faculty, and parents)

### **Saturday, June 15**

OFF DAY

### **Sunday, June 16: (for Week 1 AND Week 2 students)**

8:30am-9	Check-in for New Week 2 Students
9:00am-9:30	Orientation Kick-Off for New Week 2 Students with the Faculty (Parents invited)
9:30am-11:30	Group A: Ballet (Francisco) Group B: Ballet (Yusha)

11:30am-12:30 Lunch  
 12:30-2:30pm CHOREO LAB (composition)  
 Group A: (Francisco)  
 Group B: (Yusha)  
 2:30pm-2:45 Break  
 2:45pm-4 Dance Professionals Panel (Parents invited)  
 4pm-5 Nutrition or Injury Prevention (Parents invited)

### **Monday, June 17:**

9-9:15 Group A and B: Big Group Warm-Up (Francisco)  
 9:15am-10:30 Group A: Ballet-Based Stretching and Conditioning (Francisco)  
 Group B: Ballet (Yusha)  
 10:30am-11:45 Group A: Ballet (Yusha)  
 Group B: Ballet-Based Stretching and Conditioning (Francisco)  
 11:45-12:30 Lunch  
 12:30pm-1:45 Group A: Taylor Modern (Jeffrey Smith)  
 Group B: Horton Modern (Yusha)  
 1:45pm-3pm Group A: Turns & Leaps (Francisco)  
 Group B: Taylor Modern (Jeffrey Smith)  
 3pm-3:15 Break  
 3:15pm-4:45 Group A: Horton Modern (Yusha)  
 Group B: Turns & Leaps (Francisco)  
 4:45pm-5:45 Group A and Group B – Yoga (Steven)  
 5:45pm-6 Group A and B: End of the Day Debrief/Faculty Check-in w/Dancers (Francisco)

### **Tuesday, June 18:**

9am-10:30 Group A: Ballet Technique: Port de bras (Yusha)  
 Group B: Ballet (Francisco)  
 10:30-Noon Group A: Ballet (Francisco)  
 Group B: Ballet Technique: Port de bras (Yusha)  
 Noon -1 Lunch  
 1pm-2:45pm Group A: Partnering Techniques and Strategies (Jeffrey)  
 Group B: Contemporary Jazz (Diego Salterini)  
 2:45pm-4:30 Group A: Contemporary Jazz (Diego Salterini)  
 Group B: Partnering Techniques and Strategies (Jeffrey)  
 4:30pm-4:45 Break  
 4:45pm-6 Group A: Contemporary (Yusha)  
 Group B: Limon Modern (Francisco)

### **Wednesday, June 19:**

9-9:15 Group A and B: Big Group Warm-Up (Francisco)  
 9:15am-10:45 Group A: Ballet (Hannah Baumgarten)  
 Group B: Pilates Mat Class (Gretchen)  
 10:45am-12:15 Group A: Pilates Mat Class (Gretchen)  
 Group B: Ballet (Yusha)  
 12:15pm-1 Lunch  
 1pm-2:20 Group A: Limon Modern (Francisco)  
 Group B: Modern Fusion (Hannah Baumgarten)  
 2:20pm-3:50 Group A: Ballet-Based Stretching and Conditioning II (Francisco)  
 Group B: Broadway Jazz (Diego)  
 3:50pm-4:15 Break  
 4:15pm-5:45 Group A: Broadway Jazz (Diego)  
 Group B: Ballet-Based Stretching and Conditioning II (Francisco)  
 5:45pm-6 Group A and B: End of Day Mindfulness and Breathing Session (Yusha/Francisco)

### **Thursday, June 20:**

9am-10:15 Group A: Ballet (Francisco)  
 Group B: Ballet (Yusha)

10:15am-Noon	Group A: Choreography Rehearsal (Yusha) Group B: Contemporary Ballet (Francisco)
Noon-1	Lunch
1pm-3:15	Group A: Choreography Rehearsal (Francisco) Group B: Choreography Rehearsal (Yusha)
3:15pm-3:30	Break
3:30pm-5:45	Group A: Choreography Rehearsal – Paul Taylor Rep (Jeffrey)
3:30pm-4:30	Group B: Choreography Rehearsal (Francisco)
4:30pm-5:45	Group B: Choreography Rehearsal (Yusha)
5:45pm-6	Group A and B: End of Day Debrief w/Faculty – Check-in w/Dancers

### **Friday, June 21:**

9am-9:30	Group A: Ballet Barre Warm-up (Francisco) Group B: Ballet Barre Warm-up (Yusha)
9:30am-10:45	Group A: Choreography Rehearsal (Francisco) Group B: Choreography Rehearsal (Yusha)
10:45am-12:15	Group A: Choreography Rehearsal (Yusha) Group B: Choreography Rehearsal (Francisco)
12:15pm-1	Lunch
1pm-2:45	Group A: Choreography Rehearsal (Francisco) Group B: Choreography Rehearsal (Yusha)
2:45pm-5	Group A: Choreography Rehearsal – Paul Taylor Rep (Jeffrey) Group B: Choreography Rehearsal (Francisco)
5pm-5:10	Break
5:10pm-6:10	Group A and B: Prep with Students for Week 1 Closing Session
6:15pm-7:30	Closing Session with Sample Performance (students, faculty, and parents)